

6th March - 10th March 2016

Anti- Bullying Week has been organized in collaboration with Pre School of Orbit International School and Al Hussan International School by Counselling Department to develop awareness about bullying and those attitudes/ actions that can lead children towards bullying behaviours.

Before the campaign, several meetings were conducted to organize exchange activities between the two schools. Mrs. Shazia (Head of Student Affairs, Mrs. Helda (Head of Student Affairs) and Mrs. Aruna (Academic Coordinator) from Orbit International School coordinated with Mrs. Saira (School Counsellor), Mrs. Noura (Head of Student Affairs) and Mrs. Nisreen (Academic Coordinator) to plan and organize all the logistics of the event.

Students from both schools participated in activities and paid visits to schools with their teachers. Students painted **Wall Murals** in both schools and learnt a great deal about what bullying is? What are the signs? And what to say to stop it.



Students of Al Hussan Pre School (Grade 1 and 2) also attended "Discussion Sessions" with Mrs. Saira Muhammad, where they learned the difference between bullying and teasing. They also learnt about the difference between bystander and up stander. Students received booklets about bullying.



During the anti- bullying week, AHISK students visited OIS while on the same day, OIs students came to AHISK preschool to perform **presentations and songs**. The students did a great job. AHISK KG2 teachers prepared a special play about bullying behaviours for Orbit International School and they performed the play in front of the students.





Students also enjoyed making **friendship bracelets** in AHISK with their counter parts from OIS. They learned to offer peace and friendship and deliver the message to be a buddy not a bully.



While girls made the bracelets, Boys created a beautiful **Friendship Quilt** with lots of messages on it. It showed their unity and togetherness.



Finally on the last day of Anti Bullying week, students played A **Friendly Soccer Match** in Orbit International School with AHISK students. They learned sportsman spirit and the value of a successful game instead of focusing on winning.

